

**The Leader In
Corporate Healthcare
Solutions In Asia**



FULLERTON
HEALTHCARE



EXECUTIVE HEALTH SCREENING



FULLERTON
HEALTHCARE

VIGNE
HEALTHCARE

A Unique Health Screening Experience

- ✓ Enjoy "The Fullerton Experience" – a synergy of health screening and wellness experience
- ✓ Private rooms for privacy and comfort for Senior Management
- ✓ Dedicated Executive Lounges for Female and Male at Fullerton Healthcare Screening Centre
- ✓ Medical Review with Doctor within 10 working days from date of screening
- ✓ Completion of tests within the centre (one-stop centre)
- ✓ Breakfast by Delifrance, served by Tea Ladies



Waiting area



Reception

VIGNE Healthcare PTE LTD

– Connecting You to Premier Healthcare Services –

8 Eu Tong Sen Street #14-94 Singapore 059818 T. +65 6509 0030 E. hc@vigne.com.sg

www.vigne.com.sg/hc

FULLERTON HEALTHCARE GROUP PTE LTD

108 Robinson Road Finexis Building #09-02 Singapore 068900 T. +65 6333 3636 F. +65 66725688

www.fullertonhealthcare.com



ANNEX A (CONTINUED)

Fuller Health Gold Scan at SGD 488 per examinee (Recommended for Between 40 to 50 years)

- Physical Examination by Doctor
Examination of Heart, Lungs and Abdomen | Neurological and Musculoskeletal Examination | Height and Weight Measurements | Body Mass Index (BMI) | Visual Acuity and Colour Blindness Tests | Blood Pressure Reading
- Chest X-ray
- Resting Electrocardiogram (ECG)
- Spirometry

Choice of 1 out of 5 following tests:

1. Stress ECG (Treadmill)
 2. Ultrasound Liver
 3. Ultrasound Breast (*For Ladies*)
 4. Ultrasound Pelvis (*For Ladies*)
 5. Mammogram (*For Ladies*)
- Medical Report and Review

Blood and Urine Investigations:

Lipid Screen

Total Cholesterol
HDL-Cholesterol
Total/HDL Cholesterol Ratio
LDL-Cholesterol
Triglycerides

Liver Screen

Bilirubin, Total
Alkaline Phosphatase
SGGT
SGPT (ALT)
SGOT (AST)
Total Protein
Albumin
Globulin
Albumin/ Globulin Ratio
Hepatitis Bs Antigen
Hepatitis Bs Antibody
Hepatitis A IgG Antibody
Amylase

Kidney Screen

Urea
Creatinine
Bicarbonate
Potassium
Sodium
Chloride

Diabetic Screen

Fasting Blood Sugar

Bone & Joint Screen

Calcium
Phosphates
Uric Acid
RA Factor

Veneral Disease Screen

VDRL & Titre
TPHA (if VDRL is Reactive)

Tumour Markers Screen

AFP (Liver)
CEA (Colon)
PSA (Prostate) – For Men
CA125 (Ovaries) – For Ladies

Thyroid Screen

Free T4
TSH

Haematology

White Blood Count
Red Blood Count
Haemoglobin
PCV (HCT)
Platelet
Erythrocyte Sedimentation Rate
MCV, MCH, MCHC
Differential Count
Peripheral Blood Film
Blood Grouping (ABO & Rhesus)

Urinalysis

Urine FEME

Stool Screen

Stool Occult Blood

Pap Smear

Pap Smear (Complimentary for ladies)

ANNEX B

Schedule a Health Screening Appointment via



Appointment can be scheduled via email, SMS or telephone.

| <u>Health Screening Appointment</u> | <u>Earliest Slot</u> | <u>Latest Slot</u> |
|---|-----------------------------------|------------------------------------|
| ➤ Morning Session (Monday to Saturday, excluding Public Holidays) | 8.00am Fast from 2.00am | 10.30am Fast from 4.30am |
| ➤ Afternoon Session (Monday to Friday, excluding Public Holidays) | 2.00pm Fast from 8.00am | 3.30pm Fast from 9.30am |

- **Via Email or SMS**

Write in to hc@vigne.com.sg or SMS to +65 8666 5505 for booking of appointment with your particulars and preferred appointment slot.

- | | |
|--|-------------------------|
| 1. Full Name | 5. NRIC/FIN No. |
| 2. Company Name | 6. Date of Birth |
| 3. Choice of Package | 7. Gender |
| 4. Preferred health screening centre, appointment date and time | 8. Mobile No. |

- **Via telephone**

Call +65 8666 5505 to schedule an appointment.



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ANNEX C

Patient advisory for health screening

Do I need to fast?

You will need to fast 6 hours prior to your scheduled appointment. This means you should avoid consuming any food or beverages with the exception of plain water. The purpose of fasting is to achieve accurate results for your blood test.

What do I need to bring?

- NRIC / Passport
- As we will be testing your vision, please remember to bring along your glasses / contact lenses for distant and near vision test.
- In addition, you are strongly encouraged to bring along your most recent health screen result or report and films as our physicians may use that result to check on your health history and progress.

Am I allowed to consume any medications prior to this health screening?

Please postpone taking any morning medication, unless otherwise advised by your physician, until / after your health screening.

Will I be given any stool / urine bottle for my scheduled health screening?

Your urine specimen will be collected on the day of your appointment. Stool and urine containers will be provided on your health screening appointment day.

What if I'm having my menstrual period on the day of my scheduled health screening?

You can still do your health screening, but it is advisable to book your appointment around day 10-14, after your last menstrual period. Please inform the nurses or doctor if you're menstruating on the day of your appointment.

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ANNEX C (CONTINUED)

Patient advisory for health screening

What is the estimated time taken for this health screening process?

The entire screening can be completed in one morning or afternoon.

Instructions for Ultrasounds

- *For Ultrasound Abdomen / Liver*

NO FOOD OR FLUIDS at least 6 hours before the examination.

- *For Mammogram / Ultrasound Breast*

Refrain from applying perfume, powder or deodorant on the breast or armpits area. Please avoid this examination if you are, or suspect that you are pregnant.

- *For Ultrasound Pelvic / Prostate*

You are encouraged to drink 4 - 8 glasses of plain water one hour before the test. DO NOT empty your bladder until the test is done.

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