

**The Leader In  
Corporate Healthcare  
Solutions In Asia**



**FULLERTON**  
HEALTHCARE



**EXECUTIVE HEALTH SCREENING**



**FULLERTON**  
HEALTHCARE

**VIGNE**  
HEALTHCARE

### A Unique Health Screening Experience

- ✓ Enjoy "The Fullerton Experience" – a synergy of health screening and wellness experience
- ✓ Private rooms for privacy and comfort for Senior Management
- ✓ Dedicated Executive Lounges for Female and Male at Fullerton Healthcare Screening Centre
- ✓ Medical Review with Doctor within 10 working days from date of screening
- ✓ Completion of tests within the centre (one-stop centre)
- ✓ Breakfast by Delifrance, served by Tea Ladies



Waiting area



Reception

**VIGNE Healthcare PTE LTD**

– Connecting You to Premier Healthcare Services –

8 Eu Tong Sen Street #14-94 Singapore 059818 T. +65 6509 0030 E. hc@vigne.com.sg

[www.vigne.com.sg/hc](http://www.vigne.com.sg/hc)

**FULLERTON HEALTHCARE GROUP PTE LTD**

108 Robinson Road Finexis Building #09-02 Singapore 068900 T. +65 6333 3636 F. +65 66725688

[www.fullertonhealthcare.com](http://www.fullertonhealthcare.com)



## **ANNEX A**

### **Fuller Health Silver Scan at SGD 368 per examinee (Recommended for Below 40 years)**

- Physical Examination by Doctor  
Examination of Heart, Lungs and Abdomen | Neurological and Musculoskeletal Examination | Height and Weight Measurements | Body Mass Index (BMI) | Visual Acuity and Colour Blindness Tests | Blood Pressure Reading
- Chest X-ray
- Resting Electrocardiogram (ECG)
- Medical Report and Review

#### Blood and Urine Investigations:

##### **Lipid Screen**

Total Cholesterol  
HDL-Cholesterol  
Total/HDL Cholesterol Ratio  
LDL-Cholesterol  
Triglycerides

##### **Liver Screen**

Bilirubin, Total  
Alkaline Phosphatase  
SGGT  
SGPT (ALT)  
SGOT (AST)  
Total Protein  
Albumin  
Globulin  
Albumin/ Globulin Ratio  
Hepatitis Bs Antigen  
Hepatitis Bs Antibody  
Hepatitis A IgG Antibody  
Amylase

##### **Kidney Screen**

Urea  
Creatinine  
Bicarbonate  
Potassium  
Sodium  
Chloride

##### **Diabetic Screen**

Fasting Blood Sugar

##### **Bone & Joint Screen**

Calcium  
Phosphates  
Uric Acid  
RA Factor

##### **Venereal Disease Screen**

VDRL & Titre  
TPHA (if VDRL is Reactive)

##### **Tumour Markers Screen**

AFP (Liver)  
CEA (Colon)  
PSA (Prostate) – For Men  
CA125 (Ovaries) – For Ladies

##### **Thyroid Screen**

Free T4  
TSH

##### **Haematology**

White Blood Count  
Red Blood Count  
Haemoglobin  
PCV (HCT)  
Platelet  
Erythrocyte Sedimentation Rate  
MCV, MCH, MCHC  
Differential Count  
Peripheral Blood Film  
Blood Grouping (ABO & Rhesus)

##### **Urinalysis**

Urine FEME

##### **Stool Screen**

Stool Occult Blood

##### **Pap Smear**

Pap Smear (Complimentary for ladies)

## **ANNEX B**

### **Schedule a Health Screening Appointment via**



Appointment can be scheduled via email, SMS or telephone.

<b><u>Health Screening Appointment</u></b>	<b><u>Earliest Slot</u></b>	<b><u>Latest Slot</u></b>
<p>➤ <b>Morning Session</b></p> <p>(Monday to Saturday, excluding Public Holidays)</p>	<p><b>8.00am</b></p> <p>Fast from 2.00am</p>	<p><b>10.30am</b></p> <p>Fast from 4.30am</p>
<p>➤ <b>Afternoon Session</b></p> <p>(Monday to Friday, excluding Public Holidays)</p>	<p><b>2.00pm</b></p> <p>Fast from 8.00am</p>	<p><b>3.30pm</b></p> <p>Fast from 9.30am</p>

- **Via Email or SMS**

Write in to [hc@vigne.com.sg](mailto:hc@vigne.com.sg) or SMS to +65 8666 5505 for booking of appointment with your particulars and preferred appointment slot.

- |  |                         |
|--|-------------------------|
| <b>1. Full Name</b>  | <b>5. NRIC/FIN No.</b>  |
| <b>2. Company Name</b>   | <b>6. Date of Birth</b> |
| <b>3. Choice of Package</b>  | <b>7. Gender</b>        |
| <b>4. Preferred health screening centre, appointment date and time</b> | <b>8. Mobile No.</b>    |

- **Via telephone**

Call +65 8666 5505 to schedule an appointment.



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## **ANNEX C**

### **Patient advisory for health screening**

#### **Do I need to fast?**

You will need to fast 6 hours prior to your scheduled appointment. This means you should avoid consuming any food or beverages with the exception of plain water. The purpose of fasting is to achieve accurate results for your blood test.

#### **What do I need to bring?**

- NRIC / Passport
- As we will be testing your vision, please remember to bring along your glasses / contact lenses for distant and near vision test.
- In addition, you are strongly encouraged to bring along your most recent health screen result or report and films as our physicians may use that result to check on your health history and progress.

#### **Am I allowed to consume any medications prior to this health screening?**

Please postpone taking any morning medication, unless otherwise advised by your physician, until / after your health screening.

#### **Will I be given any stool / urine bottle for my scheduled health screening?**

Your urine specimen will be collected on the day of your appointment. Stool and urine containers will be provided on your health screening appointment day.

#### **What if I'm having my menstrual period on the day of my scheduled health screening?**

You can still do your health screening, but it is advisable to book your appointment around day 10-14, after your last menstrual period. Please inform the nurses or doctor if you're menstruating on the day of your appointment.

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## **ANNEX C (CONTINUED)**

### **Patient advisory for health screening**

#### **What is the estimated time taken for this health screening process?**

The entire screening can be completed in one morning or afternoon.

#### **Instructions for Ultrasounds**

- *For Ultrasound Abdomen / Liver*

**NO FOOD OR FLUIDS** at least 6 hours before the examination.

- *For Mammogram / Ultrasound Breast*

Refrain from applying perfume, powder or deodorant on the breast or armpits area. Please avoid this examination if you are, or suspect that you are pregnant.

- *For Ultrasound Pelvic / Prostate*

You are encouraged to drink 4 - 8 glasses of plain water one hour before the test. DO NOT empty your bladder until the test is done.